



# 2015 ASIA PACIFIC ORTHOPAEDIC ASSOCIATION (AUS CHAPTER) NEWSLETTER

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Dr Edward T Mah

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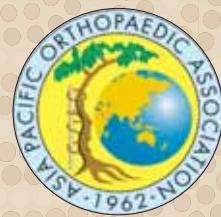


MELBOURNE  
AUSTRALIA

## 19TH ASIA PACIFIC ORTHOPAEDIC ASSOCIATION CONGRESS

29 March–1 April 2016

Melbourne  
Convention Centre  
Australia



[2016APOAcongress.aoa.org.au](http://2016APOAcongress.aoa.org.au)

## INSIDE THIS ISSUE

Page 1 19th Asia Pacific Orthopaedic Association Congress  
Page 2 Message from the President  
Page 3 Message from 2016 APOA Congress Chairman  
Page 4 2015 APOA Sports Injury Section Congress  
Page 5 APOA (Aus Chapter) Chief Delegate Report  
Page 7 19th APOA Congress Organising Committee  
Page 7 19th APOA Congress Preliminary Programme  
Page 8 Aus Young Ambassador Report on 2014 APOA Congress at Pattaya, Thailand  
Page 8 Happy New Year from APPOS  
Page 9 2015 APOA 5th Congress of the Asia Pacific Trauma Society & 6th Infection Section Scientific Meeting  
Page 10 2014 ASEAN Travelling Fellowship Report I  
Page 10 2014 APOA Pattaya Congress  
Page 11 2014 ASEAN Travelling Fellowship Report II  
Page 12 2015 Hong Kong the Combined Congress  
Page 13 APOA Membership Renewal Note  
Page 14 2015 APOA Membership Renewal



**APOA (Australian Chapter)**



## MESSAGE FROM THE PRESIDENT

I hope all members have had a good break over the frantic Christmas and New Year period! For many members of Chinese and Vietnamese heritage I wish you a very happy new year of the Goat in February 2015.

APOA has achieved significant milestones in 2014. The 2014 Pattaya Congress was a success despite many people have shied away from visiting Thailand given an extended period of political unrest although it had settled many months prior to the actual congress. We all must admire the strength and determination of the Congress Organising Committee to see it through and eventually achieved a great Congress in November 2014.



2014 TOTBIB Congress

For the first time APOA has successfully delinked the Presidency from the country hosting the Congress. The President Elect for 2014-6 is Prof David Choon from Malaysia whilst the 2018 Congress will be held in Antalya, Turkey with Prof Onder Aydingoz being the Congress Chairman Elect. This is only possible with the support of all APOA Executives and Councillors in adopting the proposed constitutional changes and subsequent unanimous endorsement and ratification at the Council meeting in May in Kuala Lumpur (2014 APOA Constitution).

The hybrid system of APOA individual membership (Chapter) and federation membership (national orthopaedic associations) was discussed at the Pattaya Council meetings and was accepted as a working model for future APOA. David McNicol, Chairman of Federation Subcommittee was tasked to develop the final detailed proposal of such a model to be presented for further discussion by the Executive and Councillors. At the same time I was tasked to make further proposed changes in the 2014 APOA Constitution to include federation membership. In line with the inclusion of federation members, I have taken the liberty of also changing one of the requirements of future President Elect nominee "must be a Life Member of APOA". This is to ensure that future APOA President-Elect nominee has at least demonstrated his/her commitment to APOA. I am seeking advice, recommendations and feedback by all APOA Executive Members and Councillors in the preparation of such amendments in the 2014 APOA Constitution.

The 2014-6 APOA executive committee members have already started their respective portfolios in 2014. I am looking forward to working with this group of high calibre, dedicated professionals. As many of you would have known, our Editor of Journal of Orthopaedic Surgery, Prof Kenneth Cheung, is the Vice President of the Scoliosis Research Society; Prof Keith Luk, our immediate past Treasurer and Prof S Rajasekaran, our Chairman on Education, are President and President Elect respectively of Societe Internationale de Chirurgie Orthopedique

et de Traumatologie (SICOT). APOA is very privileged indeed of having such a talented Executive team.

I have also formed an Awards and Fellowship Subcommittee to recognise members of our association who have contributed significantly to our association, as well as recognising our Life fellows with new serial numbered Life Fellowship certificates to be awarded at the 2016 Melbourne Congress.

A new Education subcommittee has been formed and lead by Prof D Choon, President Elect, and tasked to review and look to harmonise Orthopaedic training programmes across the region and the setting up of a data base of examiners for Orthopaedic examinations across the region. I am grateful to the Australian and Singapore Orthopaedic Associations in their readiness to provide leadership, guidance and the assistance needed for this enormous task. Prof David Choon, President-Elect, is tasked to coordinate with the various parties involved and I'll welcome your suggestions and ideas.



Hotel in the making

The Congress subcommittee will have an increasingly important role of vetting and examining the suitability of future Congress locations, possibility starting with 2020 APOA Congress. There will be more stringent guidelines regarding the various core activities of future congresses, including executive and council meetings outside the scientific part of the congress, involvement of all APOA Subsections at future congress programmes, best sub-sectional paper awards and formal APOA Young Ambassador programme, etc



Model of Hotel

One of the most unusual aspects of the Congress subcommittee activity in 2014 was the inspection of a potential congress facility in Antalya, Turkey. David Choon, I and Onder Aydingoz (Congress Chairman-Elect) inspected a congress hotel under construction. The hotel manager showed us some fully furnished rooms at the building site, whilst it was still under construction. It was a risky inspection but quite an entertaining exercise as one would not expect to inspect fully furnished room facilities in a yet to be completed building! I have enclosed a few pictures regarding the site inspection as well as the Turkish OA Meeting (TOTBIB) in this message.

Finally, I like to invite APOA members and their families to the upcoming APOA activities in 2015/6:

- a) APOA Sports Injury Section Congress on 19-21 February, Bandung, Indonesia ([www.apoa.2015bandung.com](http://www.apoa.2015bandung.com))
- b) Combined APOA Trauma Society and Infection Section meeting on 13-15 March, 2015 in Mumbai, India ([www.apoa2015.com](http://www.apoa2015.com))
- c) Centenary Gallipoli meeting in conjunction with Turkey/Aus/NZ OA 30-5-15 to 4-6-2015
- d) Combined meeting of the Asia Pacific Spine Society (APSS) and Asia Pacific Paediatric Orthopaedic Society (APPOS) on 4-7 June, 2015 in Hong Kong ([www.apoa2015hk.com](http://www.apoa2015hk.com))
- e) 2016 APOA Congress on 29th March – 1st April 2016, Melbourne, Australia ([www.2016APOAcongress.aoa.org.au](http://www.2016APOAcongress.aoa.org.au))

**Edward (Ted) Mah**  
President, APOA

## MESSAGE FROM 2016 APOA CONGRESS CHAIRMAN

**T**uesday March 29, 2016 is the commencement day for the next Biennial Congress of the Asia-Pacific Orthopaedic Association - the venue being the Melbourne Convention & Entertainment Centre. This is a facility which has received international awards for environmental awareness.

The Australian Chapter of APOA is very grateful to the Members and the Executive of the Australian Orthopaedic Association for their support and assistance in the organisation of the Congress.



The most rapid economic development and scientific research activity in the world is in our region and this represents a wonderful opportunity to meet colleagues and share ideas. The Orthopaedic Industry will gain introductions to the leaders in each of the twenty countries comprising APOA.

The broad theme of the Congress is "Road Trauma" in keeping with the United Nations initiative and a topic of relevance to all of us. It is however a general orthopaedic conference embracing all sub-specialties.

Ultimately this Congress will be judged on the quality of the Scientific Program. To ensure a State-of-the-Art message, the Program Committee comprises experts from the APOA Specialty Section Heads (Trauma, Spine, Paediatrics, Infection, Hip, Knee and Sports Medicine) alongside their counter-parts from the Australian and New Zealand Orthopaedic Specialty Societies. This not only provides insight to the challenges and the innovations in our region but also the Faculty members with worldwide reputations. The essence of the program is already in place.

There will be Symposia, Instructional Course Lectures, and Surgical Demonstrations of current interest but we will also need more Research material through the submission of Abstracts and so all researchers are encouraged to participate. There will be Young Ambassador programme and Best paper prizes in each APOA specialty sectional programmes.

APOA 2016 Congress - an opportunity not to be missed.

**John Bartlett**  
Congress Chairman

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**APOA (Australian Chapter)**



**03**



**APOA**  
Sports Injury Section  
Congress 2015

## "Advance of the Shoulder and Ankle Instability Management"



# APOA Sports Injury Section Congress 2015

**February 19-20-21, 2015**  
Aston Primera Hotel, Bandung - INDONESIA



1st Announcement

Visit us at [www.apoa2015bandung.com](http://www.apoa2015bandung.com)

## WELCOME MESSAGE



Dear Colleagues,

It gives me a great pleasure to write a message to express my contentment to you as the member of the Sports Injury Section of APOA. I was assigned as Chair of the Sports Injury Section during the 50th Biennial Congress of APOA in Delhi in 2012. Ever since, we have tried to do our best to achieve our goals to increase interactions and communications between the national societies in the region and to share the knowledge and skill in the field of sports injuries. The President of APOA Dr. Charoen Chotigavanich and the President Elect Dr. Ted Mah, and executive committee of APOA have all encouraged us with regards to reach these goals.

Since Dr. Hermawan Nagar Rasyid from Bandung has taken charge of the educational activities of Sports Injury Section, we have been working on this goal. Dr Rasyid and his colleagues' efforts made this Congress come true.

As stated before, our aim is to eliminate the deficiency in this field under the umbrella of APOA, and increase the communication between the national organizations, thus I am excited to meet new Indonesian colleagues in this Congress. I am sure that some other colleagues from surrounding countries will also attend.

Scientifically the Congress will be quite satisfactory to meet our expectations. There will be plenary lectures, debates, surgery sessions, and poster competitions. Also, various elements of industry will exhibit their latest developments to us.

I believe above mentioned issues are quite attractive to get together in Sports Injury Section Congress.

I hope to meet you in February in Bandung.

With my warm wishes,

**A. Merter Ozenci, MD**

APOA Chair of Sports Injury Section

## INVITATION



Dear Friends and Colleagues,

On behalf of the Organizing Committee, I have a great pleasure to invite you all to the 1st Congress of Asia Pacific Orthopaedic Association (APOA): Sports Injury Section that will be held on February, 2015 in Bandung, the famous city in Indonesia. The venue hotel is "Aston Primera Hotel" which offers a beautiful place for guest rooms and meeting places. Theme of the meeting "Advance of the Shoulder and Ankle Instability Management" is quite appropriate for us to absorb and exchange our knowledge. We provide to make this meeting a memorable one. The scientific committee is going to set the topics concerning which we are all familiar. A well-all-rounded brand new scientific program will organize which certainly is instructional and educational.

Many renowned orthopaedists will be invited to take part in the special lectures, symposia and instructional courses. In addition to oral presentation and live surgery will be the other high lights of the meeting. We are certain that you will find the congress as a source of excellent educational opportunity, sharing the knowledge during the formal presentation and the informal discussion outside the meeting rooms. For the social events, we have arranged the special programs for all the participant and spouses or companions to take part.

Last but not least, the authentic Indonesian hospitality in particular Bandung people will last forever. Please allow us to assist you anytime you need. I certainly believe that you will enjoy minute in Indonesia and take good memory back home.

With kind regards,

**Dr. Hermawan Nagar Rasyid, MD., PhD**

Chairman, the APOA Sports Injury Section Congress 2015

## BOARD OF ADVISORS

Congress Chairman

**Dr. Hermawan Nagar Rasyid, MD., PhD**

Congress Secretary

**Ghuna Arioharjo Utoyo, MD**

Scientific Committee

**R. Andri Primadhi, MD**

Confirmed Faculty

**Prof. A. Merter Ozenci, MD (Turkey)**

## CALENDAR OF EVENTS

Symposium	▲
Workshop "Live Surgery" on Shoulder and Ankle	○
Hotel Booking Deadline	□
Registration Deadline	○
Poster Competition Deadline	●

JANUARY 2015							FEBRUARY 2015						
M	T	W	TH	F	S	S	M	T	W	TH	F	S	S
1	2	3	4	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	20	21	22	23	24	25	26	27	28
29	30	31					1	2	3	4	5	6	7
12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28	29	30	31		23	24	25	26	27	28	

## PROGRAM AT GLANCE

TIME	DAY I, 19 FEB. 2015	DAY II, 20 FEB. 2015	DAY III, 21 FEB. 2015
7:30 AM	REGISTRATION		REGISTRATION
8:00 AM	Opening Ceremony & Exhibition		
8:30 AM		PLENARY LECTURE 2	
9:00 AM	PLENARY LECTURE 1		
9:30 AM		COFFEE BREAK	
10:00 AM	Symposium 1		
10:30 AM		PLENARY LECTURE 3	
11:00 AM			
11:30 AM	LUNCH SYMPOSIUM 1		
12:00 PM			
12:30 PM		FRIDAY PRAYING	
1:00 PM		Lunch Symposium 2	
1:30 PM	Symposium 2		
2:00 PM		Symposium 4	
2:30 PM			
3:00 PM	COFFEE BREAK		
3:30 PM			
4:00 PM		Symposium 5	
4:30 PM	Symposium 3		CLOSING CEREMONY
5:00 PM			
6:00 PM		WELCOME DINNER	
8:00 PM			

Workshop "Live Surgery" on Shoulder and Ankle



# APOA (AUS CHAPTER) CHIEF DELEGATE REPORT

**2**014 has again been a busy year for the Australian Chapter of APOA. Meetings held since APOA/APC AGM via tele-conference were:

- 14th. November, 2013
- 20th. February, 2014
- 15th. May, 2014
- 12th. August, 2014

The Australian Chapter of APOA remains one of the most active Chapters in the Association and is well represented on the International APOA Executive by John Bartlett (2016 Congress Chairman), David McNicol (Chair of Financial Committee) and Ted Mah as APOA President. Representation on the International Committee also remains strong, based on pro- rata country membership with Graham Mercer as Vice President APOA and Chief Australian Delegate and Andreas Loeffler as Australian Delegate. Membership within APOA (Aus Chapter) for 2014, was 80 ordinary fellows, one honorary fellow, 6 new Life Members and 38 existing Life Members.

## A. Australian Activity

### 1. Committee Membership

Bogdan Solomon has resigned as Secretary- the committee thanks him for his contribution

Tim Whitehead has been appointed as an Australian Delegate to International APOA Committee Meetings

2. 4 Young Ambassadors have been appointed to attend the biannual APOA Meeting in Pattaya, Oct. 2014. They are: -

Dr Jonathon Negus- winner of the AORA best presentation award in Darwin 2013

Dr Nick Russell

Dr David Owen

Dr Simon Zilko

The Committee congratulates them and looks forward to the Report of their experiences and international interaction on their return.

### 3. Role in AORA Meetings

APOA (Aus Chapter) continues to offer to be involved in these meetings. This can involve lectures or instruction from visiting Asia-Pacific visitors of international repute or information on Asia Pacific fellowships, observerships or ambassadorial roles.

It was disappointing that the free offer of APOA membership to trainees was not taken up.

### 4. Interaction with AOA

APOA (Aus Chapter) retains excellent rapport and interaction with the administration and Executive of AOA. AOA in its recent Strategic Plan Review further recognises the importance of increased interaction, exchanges and mutual support in the Asia Pacific region. Along with the Asia Pacific Committee APC (a standing committee of AOA) and Orthopaedic Outreach (a humanitarian arm of AOA), APOA (Aus Chap) acts as a conduit for this increased interchange- educative, humanitarian and supportive in common goals.

i.) An e-web connection has been established between AOA Web page and APOA Web page

ii.) The combined AOA/IOA COE in Bali in April 2014, was disappointing in the attendance of AOA Members Although not discouraged from potential future combined meetings with various Asia/Pacific Orthopaedic Associations, important 'lessons' were noted, in particular, format of presentations and delivery and social interaction

iii) At the AOA Annual Scientific Meeting (ASM) :-

-Executives of AOA, APC and APOA (Aus Ch) meet to discuss issues of common interest

-A President's Forum is held to discuss pertinent immediate issues. Visiting Asia -Pacific Presidents or their representatives are accorded AOA 'Invited Guest' status, recognizing the Importance of encouraging their attendance at and participation in the AOA ASM

-An Asia Pacific Dinner is held to encourage further relaxed interchange

*Other mutually agreed current activity is discussed under 'International Activity'*

## B International Activity

### 1. APOA Committee Meeting in KL, April 2014.

i.) The committee unanimously approved Constitutional Changes in particular delinking Presidency from the hosting Association of the bi-annual congress

ii.) Finances remain problematic- central office now moved to KL- but funds and records remain confused from Singapore base. A current audit of finances being undertaken. This also includes accurate records of current members and Life Members. D McNicol has already invested considerable time in this as Chairman of Finance Committee.

iii.) Turkey was the only bidder to host the 2018 biannual congress

iv.) There was unanimous in principle support for establishment of a Road Safety Committee in each Chapter of APOA.

v.) Further discussions on Federation membership from National Orthopaedic Associations as the future of APOA was held. There were many Orthopaedic Associations who have shown commitment to this concept and these include Australia, Bangladesh, Myanmar, New Zealand, Philippines and Turkey; as well non-APOA members including Brunei and Cambodia. It is clear all Orthopaedic Associations will be unable to contribute to the same level and this remains an important consideration in the final determination of membership duels.

vi.) Aus Chapter of APOA has offered to forge a Past President's medal to be presented to all Past Presidents at combined Meeting in Melbourne, 2016.

### 2. APOA Bi-annual Meeting in Melbourne 2016.

Plans under the stewardship of John Bartlett as Congress Chairman are well underway.

Overt advertising needs to be tempered until after the 2014 Meeting in Pattaya- flyers will be prepared for that meeting.

i) An organizational contract has been signed with AOA Conference Organisers to run the conference. Negotiations, Room allocation and financial agreements with Melbourne Conference Centre are well underway at the time of reporting.

ii.) The 'themes' of the conference will be 'road trauma' but will also include 'degenerative spinal conditions' and 'arthroplasty' etc.

iii.) A general 'social program' has been formulated and the 'scientific program' is underway, awaiting responses from various groups and individuals

iv.) A further financial and organizational update has occurred after the AOA ASM

v.) An update will be prepared for the 2014 Bi-annual Meeting in Pattaya- after the AOA ASM in Melbourne early October 2014.



**A/Prof Graham Mercer**  
**VP and Chief Delegate APOA (Aus Chapter)**





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In addition, we continue to distribute our range of consumable products including:

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- Surgical blades
- ACL screws
- Our range of tourniquets

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## CONGRESS ORGANISING COMMITTEE

### PRESIDENT

Edward (Ted) Mah

### VICE PRESIDENT AND FINANCE CHAIRMAN

Graham Mercer

### CONGRESS CHAIRMAN

John Bartlett

### TRAUMA

Max Esser, Chris Morrey, Marinis Pirpiris, Mellick Chehade, Michael Schuetz, Zsolt Balogh, Andrew Oppy

### MILITARY TRAUMA

Rob Atkinson

### SPINE

Peter Wilde, Sue Liew

### PAEDIATRICS

Mark O'Sullivan, Leo Donnan

### TUMOURS

Peter Steadman

### MEDICO-LEGAL

Stephen Doig

### SHOULDER/ELBOW

Richard Page, Greg Hoy, Greg Bain

### HIP

John O'Donnell, Richard de Steiger

### KNEE

David Wood, Keith Holt, Tim Whitehead, Hayden Morris, Gavin Clarke

### FOOT/ANKLE

Will Edwards, Anthony Cadden, Alison Taylor, Mark Blackney

For more information email Alison Fallon, Event Manager, [2016APOAcongress@aoa.org.au](mailto:2016APOAcongress@aoa.org.au)



**MELBOURNE**  
AUSTRALIA



**2016APOAcongress.aoa.org.au**



## 19th APOA Congress

**Tuesday 29th March--Friday, 1st April 2016**

### Preliminary Programme

Early Arrivals - Optional Pre-Conference Tours

<b>Tuesday</b>	<b>SPORTS DAY / EXPLORE</b>
	<i>MELBOURNE CONVENTION CENTRE</i>
0800 – 1000	Standing Committee & Subcomittee Meetings
1030 – 1230	Executive Committee Meeting
1300 – 1730	1st Council Meeting
1600 – 1745	REGISTRATION
1800 – 2000	WELCOME COCKTAIL (All registrants)
<b>Wednesday</b>	<i>MELBOURNE CONVENTION CENTRE</i>
0800 – 1000	ICL's
1000 – 1200	OPENING CEREMONY
1200 – 1300	Presidents' Forum Luncheon meeting
PM	APOA Sections luncheon AGM's / Subcommittee meetings
1800 - 2130	PLENARY SESSIONS / ICL's Symposia & Free papers PRESIDENT'S RECEPTION (Invited Presidents, Past Presidents & Exco)
<b>Thursday</b>	<i>MELBOURNE CONVENTION CENTRE</i>
1800 - late	PLENARY SESSIONS / ICL's Symposia & Free papers Luncheon Sessions for Industries APOA Sections luncheon AGM's / Subcommittee meetings Young Ambassadors' Programme CONGRESS BANQUET (All registrants)
<b>Friday</b>	<i>MELBOURNE CONVENTION CENTRE</i>
AM & PM	PLENARY SESSIONS / ICL's Luncheon Sessions for Industries Symposia & Free papers Executive Committee meeting 2nd Council Meeting CLOSING CEREMONY & COCKTAIL
Sat / Sun & beyond - Optional Post-Conference Tours	



**APOA (Australian Chapter)**



**07**

# AUSTRALIAN YOUNG AMBASSADOR REPORT ON 2014 APOA CONGRESS AT PATTAYA, THAILAND

*Jonathan Negus, David Owen, Nick Russell, Simon Zilko*

**I**t was an honor to have been given the opportunity to attend the Biennial APOA Scientific meeting in Pattaya in October 2014. The trip brought together 4 Australian Orthopaedic Registrars attending as Young Ambassadors, which was tremendous fun. It was an adventure with academic, cultural and social highlights.



from left to right:  
Jonathan, Simon, David and Nick

During the day the conference was packed with a range of academic sessions, with all major sub-specialty areas well represented. Other areas of special interest were also explored, such as lessons learned from the tsunami in Thailand several years ago. Highlights included Prof Peter Choong's update on musculoskeletal oncology, Prof Dror Paley's talks on deformity correction, and Beat

Hintermann's presentations on ankle reconstruction. All up, the quality of the academic presentations was great and we all enjoyed as many sessions as we could get to.

It was a true privilege to experience the cultural and social experience that an APOA ambassadorship offers. Thailand was a perfect venue, with astonishing food and culture. The adventure swept out into the steamy Thai nights for dinner and drinks. The food was an amazing experience, in addition to the extensive nightlife offered in the Pattaya district.

The opportunity to meet with the Young Ambassadors from other countries in the Asia-Pacific region was another highlight of the event. The Young Ambassador session enabled us to witness and discuss the



from left to right:  
David, Simon, Jonathan and Nick

discussions with surgeons on our table as well as some local surgeons involved in organising the event.

There is no doubt that the Asia Pacific region is going to play a large part in the future of Orthopaedic research and training for Australian trainee Orthopaedic surgeons. Attending this meeting gave us the opportunity to network with a wide range of colleagues and potential collaborators. It offers the chance to organise periods of formal fellowship training or brief surgical observerships. As a group we would thoroughly recommend attending the meeting and if eligible, applying for a Young Ambassadorship. The Melbourne meeting in 2016 provides a great opportunity to form new relationships or cement old ones with our Asia-Pacific colleagues for future collaborations and meetings.



David holding Lemur primate in bar





# APOA 2015

**The 5<sup>th</sup> Congress of the Asia Pacific Trauma Society  
& 6<sup>th</sup> Infection Section Scientific Meeting**



**Date: March 13-15, 2015**

**Venue: Renaissance Mumbai Convention Centre Hotel**

**[www.apoa2015.com](http://www.apoa2015.com)**



**APOA (Australian Chapter)**



**09**

# 2014 ASEAN TRAVELLING FELLOWSHIP REPORT

Hoang Khac Xuan, MD.

Hospital for Traumatology and Orthopaedics; Ho Chi Minh City, Vietnam

## 1<sup>st</sup> week – Visiting hospitals

- Vincent Hospital



- Royal Children Hospital



- Epworth Healthcare



- Alfred Hospital – Center Trauma



• Geelong Hospital



## 2<sup>nd</sup> week: AOA Annual Scientific Meeting



## 3<sup>rd</sup> week – New Zealand

- Auckland



2014 NZOA Annual Scientific Meeting

19th October - 23rd October 2014

ASB Arena, Tauranga



## Deep gratefulness to

• Professor Peter Choong – Former President of AOA.

• Professor Mark Wright – President of NZOA.

• Professor Edward Ted Mah – President of APOA.

• Mr. John Owen.

• Mr. David Lander.

• Professor Richard Page.

• Professor Richard Lander and Mrs. Elizabeth Lander.

• Associate Professor Susan Liew.

• Mr. Andrew Belcher.

• Mr. Michael Johnson.

• Mrs. Prue Keith.

• Mr. Richard Anglis.

• And many other colleagues.

For giving us a very wonderful and memorable trip!

# 2014 APOA PATTAYA CONGRESS

OCTOBER 23, 2014



"Elvis" - LP from Philippines



Opening Ceremony Group Photo



Young Ambassadors Group Photo



Presidential Dinner



Releasing Sea Turtles

Partners' Programme



APOA (Australian Chapter)



# REPORT BY ASEAN TRAVELLING FELLOW Dr Soe Naing

*Senior Consultant Hand Surgeon, Hand Surgery Unit, North Okkalapa*

*General Hospital, University of Medicine 2, Yangon.*

*Date of Fellowship: 4/10/2014 to 23/10/2014*

*Countries visited: Australia and New Zealand*

My traveling fellowship started on 3/10/2014 as I flew from Yangon International Airport to Melbourne, transiting in Singapore. I arrived in Melbourne on 4th October morning and was kindly picked up by Dr John Owen at airport. I stayed one night in his residence. Dr John and his wife were very kind and they warmly welcome to me to their home with great hospitality.



On morning of 5th October, I met with two other ASEAN Traveling fellows at Clarian Suit Gate Way Apartment where we stayed for the remainder of the trip.



On morning of 6th October, we visited St Vincent General Hospital, one of the famous hospitals in Melbourne. We attended morning audit, ward round, out patients and observed free flap operation in operating theatre. In the evening we had dinner at Melbourne club hosted by Prof Peter Chong, AOA President.



On 7th Oct we visited Epworth Richmond Hospital and attended out patient clinic with Dr Jason Harvey. In the evening we visited Marine National Park hosted by Dr Andrew Bashire.

Richard Lander and his wife for their hospitality who took care of the three ASEAN traveling fellows.

On 8/10/14 we visited Royal Children Hospital hosted by Dr Michael Johnson. We attended case presentations at the morning audit, observed outpatient clinics and operation theatre.

We stayed at the Trinity Wharf hotel and attended the NZOA Annual Scientific Meeting from 19/10/14 to 22/10/14. We also presented 3 presentations at that meeting and my presentation topic is mass lesion of the hand. (Intramuscular Myxoma of finger). We attended Gala Dinner held at ASB Arena on 22-10-2014. We departed NZ on 23-10-2014 and returned to our home countries.

On 9/10/14, we visited Alfred Hospital hosted by Dr Sue Liew, attended Out patient clinics and ward round. We observed Emergency Trauma Care System (Helipad care) after morning audit.

On behalf of our Orthopedics Associations, we like to thank and give our warm regards to AOA, NZOA and APOA Presidents and their members, for their kindness, arrangement and hospitality during our trip to Melbourne and New Zealand.

On 10th Oct, we visited Geelong University Hospital hosted by Prof Richard Page. We attended out patient clinics, did a ward round

# HONG KONG 2015 - the Combined Congress of

12<sup>th</sup> Hong Kong International Orthopaedic Forum (HKIOF) &  
10<sup>th</sup> Asia Pacific Spine Society (APSS) &  
Asia Pacific Paediatric Orthopaedic Society (APPOS)

Organised by:



**4 June 2015 Pre-meeting Course from SRS**

**5 - 7 June 2015 Main Conference**

Hong Kong Convention & Exhibition Centre

**Register NOW!**

**ABSTRACT  
SUBMISSION  
DEADLINE:  
31 JANUARY 2015**

*"Regionally Relevant Solutions for Regionally Prevalent Issues"*

## PROGRAMME HIGHLIGHTS\*

**4 June 2015 Pre-meeting Course from SRS**

- Pre-meeting course from Worldwide Conference of Scoliosis Research Society

**5 - 7 June 2015 Main Conference**

- AO Spine symposium
- AOTrauma symposium
- Keynote and symposium for regionally relevant topics and various expertise
- Master technique video sessions
- Round table discussion
- Poster presentation

\*provisional and subject to change

## WHO SHOULD ATTEND

- Surgeon
- Physician
- Allied Health Professional, Nurse, Health Services Administrator
- Industry Personnel
- Trainee, Research Student, Post-graduate Student

## SPEAKERS\*

Experts from Australia, Cambodia, Canada, China, Hong Kong, India, Japan, Malaysia, Netherlands, Phillipines, Singapore, South Korea, Sri Lanka, Taiwan, Thailand, Turkey and USA



**Congress Secretariat**

**MCI (Hong Kong) Group Limited**

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**www.apoa2015hk.com**





## 19th Asia Pacific Orthopaedic Association Congress

28th March – 1st April 2016 Melbourne, Australia



Dear AOA and APOA members,

2015/2016 promises to be an exciting time for all members of AOA and APOA as we head towards the Biennial APOA International Congress to be held in Melbourne March 28-April 1, 2016.

Being a member of APOA (Aus Ch) will open many doors: -

- Access to the many Fellowships, Bursaries, Observerships on offer from the 20 member countries.
- Reduced participation fees to not only the Biennial Meeting, but also the many subspecialty meetings on offer e.g. APOA Sport Section meeting in Bandung in February 2015 and APOA Trauma & Infection Meeting in Mumbai in March 2015.
- Collegiate interaction and camaraderie with our Asia Pacific colleagues- ceremonial, educational and social interchange of memorable quality – over 50% of world population and over 50% of our orthopaedic colleagues hale from this region.
- Access to APOA Journal and interactive Website
- Broader participation in Asia Pacific initiatives e.g. BJD on road trauma or Musculo-skeletal disease prevention to name but two.
- Participate in the evolution of APOA to become a Federation of Orthopaedic Associations - have your say and input. Such a Federation concept is supported by The AOA Strategic Plan to increase the participation of all AOA members in the Asia Pacific Region and be an orthopaedic leader in this rapidly expanding region
- And much more!!

To those who are already Life Members of APOA, enjoy the ride. For those who annually renew their membership, now is the time to recommit to this resilient and informative organisation. To those considering joining APOA, now is the time to look to the future of Asia Pacific Orthopaedics and support your colleagues in this exciting venture

To this end, please find enclosed the annual membership renewal form for your consideration.

The Australian Chapter of APOA remains one of the most active members of the Association and we would welcome your membership and support of your APOA colleagues.

Please mark the dates March 28-April 1, 2016 in your diary now and join Ted Mah as current International President of APOA in Melbourne for what promises to be a sensational gathering.

A/Prof Graham Mercer

Vice President APOA

Past President AOA





APOA Australian Chapter Inc (ABN: 96 114 467 382)  
Secretariat: North Adelaide Specialist Centre  
53 Gover Street, North Adelaide SA 5006  
Telephone: (08) 8361 9888 Facsimile: (08) 8361 9122  
Email: tedmah88@yahoo.com

## 2015 ANNUAL SUBSCRIPTION / TAX INVOICE / NEW MEMBERSHIP APPLICATION

\*\* Please renew membership by 31-12-2014 in line with all other APOA Chapters \*\*

This is an annual membership renewal / update. Complete the form and fax, email or post to the Secretariat **irrespective of membership level**. If there is no change in details please **write name & mark "no change"**

SURNAME \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

ADDRESS (for correspondence): \_\_\_\_\_

PH: \_\_\_\_\_ FAX: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

MOBILE: \_\_\_\_\_

EMAIL: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

### CATEGORY OF MEMBERSHIP

Life Fellow  Ordinary Fellow  Affiliate /Registrar  Retired / Senior Fellow

### PAYMENT OF FEES (Life and Senior / Retired Fellows do not have to pay annual subscription):

#### Membership Subscription (No GST): Membership is January to December 2015

2015 year – AUD\$100  Life member – AUD\$1250 (50 yrs & younger) or \$750 (over 50 yrs)  
NB: (AORA Registrars can be Affiliate members with free membership, non trainee \$50)

Amount \$ \_\_\_\_\_

#### Speciality Section Subscription (please tick)

Spine  Paediatric  Hip  Trauma  Knee  Sports Medicine  Infection

Once off Fee per Speciality at the time of joining – AUS \$100 per Section Amount \$ \_\_\_\_\_

Total \$ \_\_\_\_\_

**Payment by EFT: APOA (Aus Chap) at HSBC bank (345 039) 095229071 Ref: Your initial & Surname. Or make cheques payable to APOA (Aus Chap) (No credit card facility)**

### New Membership Application

I \_\_\_\_\_ wish to apply to become a member / Life Fellow of APOA (Aust Chapter) – cross out whatever that does not apply.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Proposer \_\_\_\_\_ Signed \_\_\_\_\_

Seconded \_\_\_\_\_ Signed \_\_\_\_\_

NB: Only Life Fellows need Proposer & Seconder (need to be Fellows of APOA Aust Chapter)  
: No Proposer/ Seconder needed for other membership category but needs AOA membership credential / Certificate

