



Newsletter

ASIA PACIFIC ORTHOPAEDIC ASSOCIATION

www.apoa-home.org August 2013

2012 – 2014 Executive Committee

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Secretariat

G-1 Medical Academies of Malaysia
210 Jalan Tun Razak
50400 Kuala Lumpur
Tel: 603 40234700, 40254700
Fax: 603 40238100
email: admin@apoaonline.com

President's Message



First of all, I would like to take this opportunity to express my sincere appreciation to the Council Members of APOA and National Delegates in choosing Thailand as a host country to organize the 51st Biennial Congress in 2014 which will take place in Pattaya, in October 2014.

In conjunction with this event, I was elected to be the President Elect. I was then installed to be the President of APOA in Delhi, where Professor HKT Raza, the immediate Past President and his organizing committee celebrated the 50th Golden Jubilee APOA Congress on 3-6 October, 2012 with great success. Being the president provides a great chance for me to work with outstanding leadership of this association. We will work together in every effort to maximize this association's effectiveness. I am very confident that the Executive Committee and Council Members will continue to make great strides in fulfilling its mission and objective statements.

The objectives of this association are to advance the science and practice of orthopaedic surgery, to promote professional education, research and other interests, and to assist education and training of young orthopedic surgeons in the region. Our aim is also to co-operate with global, international, national orthopedic associations, and subspecialty groups for the purpose of exchanging orthopedic education and technology. During the APOA Golden Jubilee Congress, we have discussed with the leadership of EFORT and SICOT, and we have had a very productive and encouraging discussion to promote close ties among us; particularly bilateral participation during the scientific congresses.

Asia Pacific Orthopaedic Association is the expansion of Western Pacific Orthopaedic Association which is over 50 years old now. The population of the member countries is about 2/3 of the world population. The region boasts of huge numbers orthopaedic surgeons with all kinds of subspecialties. Great many of them are world renowned.

Our Journal of Orthopedic Surgery is a leading official journal of our association. It is managed by an outstanding Editor, advisory board, and excellent peer reviewers. The journal has been well recognized and numerous articles from the journal have been cited as the references by numerous authors. The Association provides educational programs for young orthopedic surgeons through the travelling fellowships to visit centers of excellence and share the knowledge in leading orthopedic centers in the region. This travelling fellowship program has been well supported by the industrial companies due to the great efforts of the Chairman of the Education and Financial Committee. These travelling fellowship programs will be continuing for the years to come. In order to inspire the young orthopaedic surgeon's interest to become members of the Association we have to do more to establish more educational activities. With this in mind, APOA will conduct cadaveric workshops in the next two years in different medical centers in Bangkok, Chiang Mai and Khon Kan. The program will include spinal instrumentation, arthroplasty, microsurgery etc. In addition to the Operative Spine course, other orthopaedic operative courses are under consideration in the future. I believe that all of our academic activities will attract young surgeons to our association.

At the end of my message I, representing the Asia Pacific Orthopaedic Association, would like to invite our orthopaedic friends in this part of the world to please enroll as member of the association. You are also requested to consider submitting your scientific papers for publication in the Journal of Orthopedic Surgery first.

I wish our association will continue to grow and progress to become one of the leading world orthopaedic associations.

My best to you all.

Charoen Chotigavanich

President - APOA

APOA Golden Jubilee Congress, New Delhi 2012



President's Speech

Past Presidents of APOA, Prof. Keokaran and Prof. Robert Bauze, President-elect Dr. Charoen Chotigavanich, Hon. Secretary Dr. Saranatra Waikakul, several other Past Presidents of APOA Prof. Takemitsu,

Prof. Kamal Bose, Dr. Dato' K. Sivananthan, Prof. M.S. Moon and Prof. P.Q. Chen, Past Presidents of Indian Orthopaedic Association, Secretary General of SICOT Prof. Eulert, Secretary General of EFORT Prof. Per Kjaersgaard Andersen, Secretary General of Pan Arab Orthopaedic Association Dr. Mohammad Darwish, Presidents of National Orthopaedic Associations of APOA Member Countries, invited guest faculty, APOA Councillors, Organizing team of this congress, Dr. Ram Prabhoo, Dr. Anil Arora, Dr. Jamal Ashraf, friends, ladies & gentlemen: "Good Evening!"

I welcome all of you for this very historic moment in the history of the APOA as we celebrate fifty glorious years of Orthopaedics in the Asia Pacific region.

I do not have a prepared speech and will therefore speak from my heart. Progress of families, Institutions, Organizations, Countries and in fact the whole world is a product of those who dare to dream. I will therefore take you on a journey of my dreams.

The first dream is for the family. I am sure my mother must be very proud to see her son occupying this illustrious chair of President of the Asia Pacific Orthopaedic Association. I must thank Almighty God first, and then all the Councillors of the APOA for electing me to this august post. I wish to especially thank Prof. Robert Bauze who introduced me to the APOA and has always been a great pillar of support. Prof. Keokaran graciously accepted to allow India to host the 2012 Congress when the votes were equal for Thailand and India at Seoul. I am honoured to share the dais with them both.

My wife Kehkashan has been a partner and ardent supporter in my journey to this position and is here along with my other family members to share this moment with me. Incidentally, it is her birthday today. "Happy Birthday, Darling!" Holding positions in various organizations comes at a price. My family has also sacrificed a lot of quality time to enable me to travel frequently to various parts of the Asia Pacific region and other parts of the world to popularize this conference. I am sure they must be feeling that all the sacrifices have been worth it.

On a higher level one has dreams for the state and more importantly for one's Country. For a long time there has been a dream to organize a major International Orthopaedic Congress in India. Such a Congress would not only enable our budding Orthopaedic Surgeons to benefit from the experience of a galaxy of stalwarts from across the world. At the same time it would be an occasion for showcasing our immense Indian talent and experience before the attending International faculty and delegates. I am sure we will be able to realize our dream in the coming two and a half days.

This dream has been shared by a galaxy of Past Presidents of Indian Orthopaedic Association and a lot of colleagues. They are with us today to see the realization of this dream. In India, we hold teachers and our "Gurus" in high esteem and I am happy to see in the audience a number of senior Indian Orthopaedic Surgeons who have guided me in the last two decades. I salute them.

The next dream is for the Asia Pacific Orthopaedic Association. Friends, the Asia Pacific region is home to nearly fifty percent of the World's population. I am sure a similar percentage of orthopaedic surgeons are providing their services in this region. It is a major dream to see all these orthopaedic surgeons becoming members of the APOA. The only way this can happen is to have a Federation of National Orthopaedic Associations of Asia Pacific region. Currently a major part of our talent contributes articles to the JBJS or other journals rather than our own Journal of Orthopaedics. Similarly, attending the AAOS Annual meeting and other Congresses is high on their priority in comparison to our own Biennial Congress. With dwindling numbers we are not able to attract major sponsorship from the industry. All this could change with the APOA Councillors voting positively for the creation of a Federation. The Constitution of the Federation could be made all inclusive to allay the fears of a few of our colleagues. Asia Pacific Orthopaedic Association will then boast of being the largest organization of Orthopaedic Surgeons with a robust administration and financial stability.

Before I end, I must thank a few of my friends for sharing the dream of organizing this conference with me: Dr. Ram Prabhoo, the Congress Chairman has been a big help in generating finances, Dr. Anil Arora, the Organizing Secretary, who has seen every aspect of the organization and has worked tirelessly for the last one year, Dr. Shishir Rastogi the Treasurer for his several inputs from his vast experience in organizing conferences, and last but not the least, Dr. Jamal Ashraf, the Joint Organizing Secretary and the master of ceremony today for being here, there and everywhere. They deserve a huge round of applause.

I would also want to thank my dear friends Dr. Ashok Johari, Chairman of APKS Congress and Dr. S.K.S. Marya, the Organizing Secretary of the AKS Congress, for joining hands with us in organizing this mega event. The two congresses being slated together has enriched the scientific programme, and I am sure it will keep you on your toes for the next three days.

May Almighty God shower his infinite blessings on all of us.

Long Live the APOA.

JAI HIND.

Prof. H. K. T. Raza

Immediate Past President, APOA

Glimpses of **APOA CONGRESS, NEW DELHI 2012**



APOA Hip Travelling Fellowship 2013 - Report

It was a great honour to be selected for the APOA Hip Travelling Fellowship 2013. It was a wonderful learning experience and also a golden opportunity to meet up with the current as well as upcoming arthroplasty experts from the Asia Pacific region. The fellowship program can be divided into 4 legs. The first week was a visit to the Thai centres of excellence. For the second week, the 6 of us were split up to individually visit other orthopaedic centres in the Asia Pacific region. Then we met back again in Thailand to attend the Asia Pacific Hip and Knee Association Meeting at Dusit Thani, Hua Hin, followed by the ASEAN Arthroplasty Association Cadaveric Course at Chulalongkorn University at Bangkok.

During the first week, we explored various centres of excellence in Thailand. These included Police General Hospital, Chulalongkorn University Hospital, Phramongkutklao Army Hospital, Lersin institute, Vajchira Hospital. We were treated to a “fantabulous” dinner hosted by the Thai Hip and Knee society at the Narai Restaurant. It was touted to be the best buffet dinner in Bangkok.

After 6 days of exhaustive clinical & operative cases, the 6 of us made our trips out from Bangkok to visit other orthopaedic centres in Asia Pacific region. I went to visit University of Malaya Medical Centre at Kuala Lumpur, Malaysia. Dr. Ukrit went to Adelaide under the care of Prof Solomon. Dr Gao Xinghua went to visit Prof Wilson Wang at the National University of Singapore. Dr Latif Jilani went to visit 4 famous orthopaedic centres in Hong Kong. Dr Lai Kah Weng made a trip to India to visit the famous Ganga Hospital. Dr Lewis Chan went to New Delhi to visit Dr Ashok Rajgopal.

During my stay in Kuala Lumpur, what struck me most was the vigour & enthusiasm with which Prof David Choon works. From him I learnt the importance of striking rapport and gaining trust from the patients. The art of medicine is definitely not something that can be easily learnt though. I asked Prof Choon, “Isn't it tiring, especially when your surgery ended at 12 midnight the day before?” His reply was that “it is not tiring if you enjoy the work.” Wow.

After a week of visiting different centers, the 6 of us travelling fellows reached back at Sathorn Terrace. The next day, we took a ride to Dusit Thani, HuaHin.

The next three days at HuaHin, we attended the Asia Pacific Hip Society and Thai Hip and Knee Society 2013 Scientific Meeting. It was a comprehensive series of lectures given by the current experts in their fields. We had speakers from Thailand, Singapore, Malaysia, Philippines, Indonesia, Australia, Germany, Italy and also USA. We learnt that we can treat non-unions of neck of femur

fractures with osteotomy rather than only total hip arthroplasty. We went through the latest evidence for wide range of topics such as bearing options, choice of implant, venous thromboembolism prophylaxis, prosthetic joint infections and computer navigation. Novel techniques were also presented, such as mid-head resection hip arthroplasty, and medial compartmental high tibial osteotomy. Interesting complex arthroplasty revision cases were also presented and discussed by a panel of experts. Through these discussions we learnt that even among experts, there may be differing views on management options. In addition to keeping one abreast with the latest updates in joint registries, the patient's profile and the surgeon's experience and training also play an important role in deciding what type of implant to put into the patient.

The participants returned to Bangkok Chulalongkorn Hospital during the last three days to attend the ASEAN Arthroplasty Association Cadaveric Workshop. The two-day programme was packed full with succinct instructional lectures tailored for junior arthroplasty surgeons. During the soft cadaveric dissection sessions led by senior surgeons, participants were able to familiarize themselves with various hip and knee approaches, as well as instrumentation for knee and hip replacements. We learnt much from our “teachers”, the cadavers, which are voluntarily donated by the Thai people for the purpose of surgical training and research. The Chula Soft Cadaver Lab receives around 300 cadavers each year, and this illustrates the generosity of the Thai people, and their resolve for furthering surgical skills development and research. Of course, these cadavers are treated with utmost respect and a prayer ceremony is performed by priests and medical students before they are used for training. The King honours these cadavers by conferring them a title before they are cremated by the royal fire.

The Thai hospitality is truly amazing. The social events are just as impressive as the scientific content of the meeting. We had dinner by the beach, with live music and free flow foiegras. On the last day of the scientific meeting, family members of the speakers and participants were also invited for a grand dinner held at the ballrooms of Dusit Thani, HuaHin. Once again, there was great food and live singing by one of the winners of the Thai singing competition. Participants from different countries mingle together while enjoying the great food and great music. Friendships were forged. It was truly a borderless experience.

Tan Sok Chuen

Jurong Health Services, Singapore

APOA Hip Fellow



Fellowships Of Spine Section Of APOA - 2013

APSS Deputy Synthes Spine Travelling Fellowships

12 fellowships will be awarded. The fellows will be divided into 3 groups. Each group will visit spine center of excellence in 3 countries in the Asia Pacific Region. The duration of the Fellowship will be 3 weeks (10th to 30th November 2013).

APSS Deputy Synthes Spine Clinical Fellowship

4 fellowships will be awarded. Each fellow will spend **3 weeks** in a spine centre of excellence in the Asia Pacific Region. This is a unique opportunity to interact with and learn from renowned spine surgeons in the Asia Pacific region.

Guidelines and Criteria for Application:

- APSS member (member of Spine Section of the APOA). **Please complete the APOA + Spine Section membership form and if you are not a member yet.**
- Age 45 years or less
- Must communicate effectively in English and have a legal status to go abroad
- Have a university level of degree or country equivalent.
- MUST be at this point to be active in spine practice.

When submitting your application, please include:

1. Brief curriculum vitae (not more than 4 pages).

- a. Qualifications (including degree(s), institution (s) and years)
 - b. Present appointment(s)
 - c. Training and experience in Spine Surgery
2. Scanned copies of certificates and qualifications.
 3. Recommended letter from 2 referees (APSS members).
 4. Scanned passport size photograph in JPEG file.
 5. Scanned copy of passport - with at least 6 months validity.
 6. An abstract of not more than 300 words. This abstract will be used for presentation in our next APSS meeting as well as during the fellowship.

Economy air travel, hotel accommodation and daily allowance arrangements will be made by APSS secretariat. Successful applicants will be given assistance towards securing their air tickets and accommodation. The fellow is responsible for obtaining and payment of visa and visa fee respectively, as well as for their health and travel insurance. APSS will not reimburse visa fee, health and travel insurance.

The closing date for receipt of completed application form and fee is **15th Sept 2013**. For more information, please contact the secretariat at admin@apoaonline.com

AOA Fellowships

The Australian Chapter of APOA works closely with the Australian Orthopaedic Association (AOA). The AOA offers a range of Fellowship programmes including clinical and research Fellowships. Some of the Fellowship are paid a stipend/ wage but some are self funded. There are certain minimal requirements for each of these fellowships before any applications could be considered. Please visit the webpage link for further information:

http://www.aoa.org.au/Fellowships/AOA_Accredited_Fellowship.s.aspx

There are also short term (1-3 weeks) visiting Fellowships to attend the AOA Annual Scientific Meeting and to visit hospital of your choice in some subspecialty areas (with local assistance). These short term Fellowships include the AOA - Indian Orthopaedic Association exchange Fellowship - 2 fellows on alternate year (Apply to IOA). ASEAN-AOA exchange Fellowship (3 from ASEAN to AOA on alternate year - apply to ASEAN Orthopaedic Assoc) and AOA Asia Pacific Travelling Fellowship which is open to all young Orthopaedic surgeons from the Asia Pacific region to visit Australia - one per year (apply to AOA)

AOA ACCREDITED FELLOWSHIPS

Please note:

'AOA Accredited Fellowship' means that the fellowship has satisfied AOA's independent criteria for assessment. Accreditation of a fellowship by AOA does not mean that the fellowship is

accredited within the meaning of the Higher Education Act (NSW) or any equivalent legislation.

To apply for a fellowship, please apply according to the instructions given for each fellowship in the fellowships list below.



Note: To be eligible to apply for a fellowship, applicants must have recently passed the academic version of the International English Language Testing System (IELTS) test or equivalent with a minimum score of 7 in each of the four modules or provide evidence they undertook and completed their secondary education that was taught and assessed in English in a country where English is the official first language.

AOA Accredited Fellowship Application Form
www.aoa.org.au/docs/ecm-files/

At the completion of each fellowship, both supervisor and fellow must submit reports.

Ted Mah
President Elect-APOA

APOA EXECUTIVE COUNCIL MEETING

The Executive council meeting was held on March 9, 2013 in Golden Tulip Sovereign Hotel, Bangkok under the chairmanship of the APOA President. It was attended by 14 members of the executive council.

Some of the issues discussed at the meeting were

1. Planning of APOA 2014 - Pattaya.
2. APOA Finances & formation of a Finance Sub Committee
3. Finances of APOA 2012 - New Delhi
4. Shifting of Secretariat to Kuala Lumpur
5. Newsletter & Website
6. Journal of Orthopaedic Surgery
7. Fellowships & Cadaveric Workshops
8. Formation of a Federation Sub Committee

The evening concluded with a wonderful dinner hosted by Prof. Charoen Choigavanich



Members Present at the Meeting (L to R)

Standing: Dr. K S Sivananthan (Malaysia), Dr. John Bartlett (Australia), Dr. Kenneth Cheng (Hong Kong), Dr. David McNicol (Australia), Dr. Jamal Ashraf (India), Dr. Khondker Abdul Awal (Bangladesh), Dr. Merter Ozenci (Turkey), Dr. Saw Aik (Malaysia)

Sitting: Dr. Edward Wang (Philippines), Dr. Saranatra Waikakul, (Thailand), Dr. Ted Mah (Australia), Dr. Charoen Chotigavanich, (Thailand), Dr. James Hui (Singapore), Dr. Keith Luk (Hong Kong)

NATIONAL DELEGATES

	Australia	Dr John BATTEN Dr Andreas LOEFLER Dr Graham MERCER
	Bangladesh	Dr Mohammed Iqbal QAVI Dr Faruque Reza AOLAD Dr Khondker Abdul AWAL
	China	Dr Gui-Xing QUI
	Hong Kong	Dr Frankie LEUNG Dr Kenneth CHEUNG Dr Lee Yuen LUN
	India	Dr S RAJASEKARAN Dr A Ram PRABHOO Dr Anil ARORA
	Indonesia	Dr Ucok Paruhum SIREGAR Dr Bambang TIKSNADI
	Japan	Dr Yukihide IWAMOTO Dr Katsuro TOMITA Dr Mitsuo OCHI Dr Shoichi KOKUBUN
	Korea	Dr Myung-Sung MOON Dr Dae-Kyung BAE Dr Kee-Yong HA
	Malaysia	Dr David Choon Siew KIT Dr Saw AIK Dr Syed Abdul Latiff ALSAGOFF
	Myanmar	Dr Hla MIN Dr Nay WIN
	New Zealand	Dr Jean Claude THEIS Dr Merrick Clifford SANDERSON
	Pakistan	Dr Muhammad Tariq SOHAIL
	Philippines	Dr Ellewellyn PASION Dr Virginia CABLING Dr Mario GERONILLA
	Singapore	Dr Hee Kit WONG Dr Gabriel LIU Dr Yue Wai MUN
	Sri Lanka	Dr Sritharan SHANMUGAM
	Taiwan	Dr Hwa-Chang LIU Dr Wen-Wei HSU Dr Chuun-Yu YANG
	Thailand	Dr Charoen CHOTIGAVANICH Dr Thamrongrat KEOKARAN Saranatra WAIKAKUL
	Turkey	Dr Mahmut Nedim DORAL Merter OZENCI Dr Omer Faruk TASER
	Vietnam	Dr Vo Van THANH



Since taking over the Editor-in-chief position of the journal, the editorial team, together with the APOA executives have been working to achieve our vision to make this the premier orthopaedic journal in the Asia Pacific region.

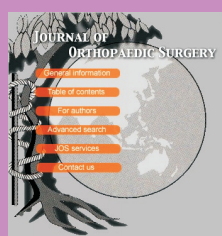
The Journal of Orthopaedic Surgery is indexed and therefore searchable via most popular databases, such as Pubmed, Medline, OVID, and Scopus. This ensures high visibility and helps to increase our popularity for authors around the world. In addition, we have started an online first feature on our website, so that manuscripts that are accepted will be uploaded to our website which is searchable via the major databases (e.g Pubmed), and therefore quotable, without the need to wait for the printed publication. The table of contents has been revised to make it more reader-friendly, and email alert has been implemented to alert readers about new publications.

Over the past year, the Journal has received submissions from more than 20 different countries, not only from within the Asia-Pacific region, but also from Germany, Greece, Ireland, Italy, Spain, Turkey, UK, and the US. We are also proud that the reviewing process has been kept efficient, such that the mean time from submission to acceptance this year is only 2.9 months (compared to 3.6 months last year). We aim to further reduce the review processing time to 6 weeks to ensure our competitiveness and to publish reports in a timely manner.

To handle the increasing workload, we have started to review our Editorial Board, and aim to expand its membership. We shall be appointing section editors and expanding our reviewer base. We have also been working on a new web-based submission and reviewing platform, and hope to roll this out by 4th quarter of this year.

All in all, changes are in progress and as we move towards 2014, we see a bright future for the Journal. We would like to ask all APOA members to help achieve this vision of making the Journal of Orthopaedic Surgery the premier journal in the Asia-Pacific region by sending us your best manuscripts. Asia-Pacific region is a large and diverse region with our own unique pathologies and management philosophies. As the journal representing this region, we are in the best position to publish and to help you publicize your research findings and reviews.

Kenneth M C Cheung
Editor in Chief



www.josonline.org

73rd Annual Scientific Meeting of Australian Orthopaedic Association

October 6-9, 2013 - Darwin, Australia
www.aoa.org.au

36th Annual Scientific Meeting of the Singapore Orthopaedic Association

October 10-12, 2013 - Singapore
www.soa.org.sg

2013 NZOA Annual Scientific Meeting

October 13-16, 2013 - Nelson, New Zealand
www.nzoa.org.nz

57th Annual Congress of Korean Orthopaedic Association

October 17-19, 2013 - Seoul, Korea
www.eng.koa.or.kr

34th SICOT Orthopaedic World Congress

October 17-19, 2013 - Hyderabad, India
www.sicot.org

35th Annual Meeting of RCOST - Thailand

October 20-22, 2013 - Pattaya, Thailand
www.rcost.or.th/meeting2013/

23rd Turkish National Congress of Orthopaedics

October 29 - November 3, 2013 - Antalya, Turkey
www.totbidkongre2013.org

ASEAN Arthroscopy and Sports Medicine Congress 2013

November 6-9, 2013 - Kuala Lumpur, Malaysia
<http://www.my-arthroscopy.com/Conf/AASMC2013/index.php>

8th International Congress of Chinese Orthopaedic Association

November 7-10, 2013 - Beijing, China
www.coachina.org/2013

64th Annual Convention of Philippines Orthopaedic Association

November 13-16, 2013 - Mandaluyong City, Philippines
<http://philortho.org/events>

27th Annual Conference of Pakistan Orthopaedic Association

November 21-24, 2013 - Islamabad, Pakistan
www.p-o-a.org/orthocon2013

33rd Annual Congress of Hong Kong Orthopaedic Association

November 23-24, 2013 - Hong Kong
www.hkoa.org

58th Annual Conference of the Indian Orthopaedic Association

December 3-8, 2013 - Agra, India
www.ioaconagra.org

87th Annual Meeting of Japanese Orthopaedic Association

May 22-25, 2014 - Kobe, Japan
www.joa2014.jp/en

44th Annual Meeting of Malaysian Orthopaedic Association

May 29 - June 1, 2014 - Kuala Lumpur, Malaysia
www.moa-home.com

APOA / RCOST 2014, THAILAND

The Combined Academic Conference of the 18th Biennial Congress of Asia Pacific Orthopaedic Association (APOA) and the 36th Annual Meeting of the Royal College of Orthopaedic Surgeons of Thailand (RCOST)

OCTOBER 23-25, 2014 at Pattaya Exhibition and Convention Hall (FEACH)
The Royal Cliff Beach Resort, Pattaya, Thailand



Opening Now!!!

Registration

To be the first who register to the 18th Biennial Congress of Asia Pacific Orthopaedic Association (APOA) and the 36th Annual Meeting of the Royal College of Orthopaedic Surgeons of Thailand (RCOST). Find for more about the registration at <http://www.apoa2014.com/content.php?slug=registration>

Abstract Submission

Let submit your scientific paper for presentations in oral and poster presentations, electronics and video presentations. It's a good opportunity to spread your knowledge to all. We are looking forward to have your paper presentation in APOA 2014. Go for more detail at <http://www.apoa2014.com/content.php?slug=abstract>



Download

the 2nd Announcement at

<http://www.apoa2014.com/media/download/APOA%20announcement-final-Edit.pdf?md=2013080708>

Important Date

- **Deadline for Early Bird Registration**
March 31, 2014
- **Deadline for Abstracts Submission**
June 30, 2014
- **Deadline for Hotel Reservation**
July 31, 2014



Secretariat office ::

The Royal College of Orthopaedic Surgeons of Thailand
4th Floor The Royal Golden Jubilee Building, 2 Soi Soonvijai,
New Petchaburi Road, Huaykwang, Bangkok 10320, Thailand
Tel. (662) 716-5436 to 39 Fax: (662) 716-5440
Website : <http://www.apoa2014.com>
E-mail : apoa2014@rcost.or.th, secretariat@rcost.or.th